

## **YORK COUNTY JOB DESCRIPTION**

### **JOB TITLE: COUNSELOR II - FUNCTIONAL FAMILY THERAPY**

#### **JUVENILE SERVICES/COMMUNITY SERVICES**

##### **GENERAL STATEMENT OF JOB**

Provides direct therapeutic interventions in the grant funded Functional Family Therapy Program to individuals, children, families, and groups before the juvenile court including assessment and diagnosis, counseling and case management, education and training in the community. Assesses and diagnoses client functioning/disability and develops an original treatment plan specific to the needs identified. Coordinates various services needed by the client. Interacts with a multitude of professional disciplines and personally provides direct care including crisis intervention, supportive counseling, psychotherapy, psychological evaluations, and case management. Work is performed under minimal supervision in several localities in the Ninth Judicial District.

##### **ESSENTIAL JOB FUNCTIONS**

Provides counseling and psychotherapy to children and adults experiencing mental health problems and co-occurring diagnoses with substance abuse.

Executes remedial and developmental counseling programs for individuals, groups, and families, counseling clients individually or in groups using behavior therapy and teaching such life skills as coping, group living, societal expectations, etc.

Assesses, evaluates, and diagnoses the client population; serves as a consultant to other staff and community agencies regarding assessment, diagnosis, coordination of services, and referrals.

Provides crisis intervention services.

Prepares youth in residential care for reintegration into home environment and prepares families to receive youth; meets regularly with parents, educators, or other relevant persons to inform them of clients' progress, and to counsel and train them in techniques of behavioral management.

Provides both written and oral reports to Juvenile and Domestic Relations Court in several localities; reports to administration on the progress or status of new clients and makes recommendations as to the appropriateness of program for specific youths and their families.

Participates in various staff and interagency committees.

##### **ADDITIONAL JOB FUNCTIONS:**

Performs other related work as required.

**ENTRY KNOWLEDGE, SKILLS, AND ABILITIES**

Thorough knowledge of counseling procedures and techniques used in working with socially and emotionally maladjusted children.

Thorough knowledge and proficiency in the use of assessment, therapeutic and outcome measures in areas of clinical focus.

Thorough knowledge of interviewing techniques and procedures.

Skilled in the diagnostic assessment of client population.

Skill to promote agreed upon positive behavioral change in children and families using a variety of therapeutic techniques and modalities.

Crisis intervention skills.

Ability to prepare comprehensive treatment plans according to agency guidelines.

Ability to exercise good judgment and resourcefulness in meeting difficult non-routine problems and situations, and ability to plan and carry out work effectively.

**EDUCATION AND EXPERIENCE**

Master's degree in human services or a related field and 2 to 4 years of experience working with socially or emotionally maladjusted youths; or any equivalent combination of education and experience which provides the required knowledge, skills, and abilities.

**SPECIAL REQUIREMENTS**

Possession of a valid driver's license issued by the Commonwealth of Virginia. A license in social work or professional counseling granted by the commonwealth of Virginia, Department of Health Professionals is preferred. Requires an acceptable background check.

**PHYSICAL AND MENTAL STANDARDS REQUIRED  
TO PERFORM ESSENTIAL JOB FUNCTIONS**

**Physical Requirements:** Must be physically able to operate a variety of machinery and equipment including, copiers, calculators, pagers, etc. Must be physically able to operate a motor vehicle. Occasionally involves moving furniture or other objects. Usually requires walking or standing to a significant degree. At times, it may be necessary to physically restrain a resident.

**Data Conception:** Requires the ability to compare and/or judge the readily observable, functional, structural or compositional characteristics (whether similar or divergent from obvious standards) of data, people or things.

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**Interpersonal Communication:** Requires the ability of speaking and/or signaling people to convey or exchange information. Includes receiving instructions, assignments or directions from superiors, and giving instructions, assignments or directions to clients.

**Language Ability:** Requires the ability to read and prepare a variety of professional literature, reports, correspondence, forms, records, treatment plans, intake reports, etc., using prescribed formats and conforming to all rules of punctuation, grammar, diction, and style.

**Intelligence:** Requires the ability to apply principles of logical or scientific thinking to define problems, collect data, establish facts and draw valid conclusions; to interpret policies and instructions; and deal with several abstract and concrete variables.

**Verbal Aptitude:** Requires the ability to record and deliver information, to explain procedures, to follow oral and written instructions. Must be able to communicate effectively.

**Numerical Aptitude:** Requires the ability to utilize mathematical formulas; to add and subtract; multiply and divide; utilize decimals and percentages.

**Form/Spatial Aptitude:** Requires the ability to inspect items for proper length, width and shape.

**Motor Coordination:** Requires the ability coordinate hands and eyes rapidly and accurately in using office equipment.

**Manual Dexterity:** Requires basic ability to handle a variety of items such as office equipment. Must have minimal levels of eye/hand/foot coordination.

**Interpersonal Temperament:** Requires the ability to deal with people beyond giving and receiving instructions. Must be adaptable to performing under stress and when confronted with persons acting under stress and emergency situations.

**Physical Communication:** Requires the ability to talk and hear.

**Prepared by:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Approval:** \_\_\_\_\_